



Tour de France Femmes avec Zwift



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departures July 22nd 2023

price from AUD \$10,995

duration 10 days / 9 nights

NON-RIDER FRIENDLY Yes

rental bike From AUD \$700

total distance 481 km

total elevation 12,012 m

daily av. distance $69\,\mathrm{km}$

daily av. elevation 1,716 m

Experience the 2023 Tour de France Femmes avec Zwift with the Premier Official TDF Tour Operator

LIVE race-viewing of 6 stages including the Opening Stage in Clermont Ferrand, Stage 7 on the Col du Tourmalet and the Final Stage Time Trial in Pau.

FEATURED CLIMBS COL DU TOURMALET, COL D'ASPIN, COL DE PEYRESOURDE

Our trip to the 2023 Tour de France Femmes avec Zwift will feature a unique blend of LIVE race-viewing and challenging riding.

The trip starts with an incredible day of racing in Clermont-Ferrand where you'll witness both the Stage Departure and Finish as a VIP. From Clermont-Ferrand you'll follow the race through the Auvergne and Aveyron regions of France witnessing another 3 stages and riding parts of the race route ahead of the peloton. After witnessing the departure of Stage 5 in Onet-le-Chateau, you'll head down to the Pyrenees mountains for the final 4 days of the trip.

In the Pyrenees you'll conquer several legendary climbs including the Col de Peyresourde, the Col de Val Louron-Azet and the iconic climb to the ski station in Pla d'Adet. Ride ahead of the peloton on the race route of Stage 7 over the Col d'Aspin and Col de Tourmalet, then watch the pros battle it out, live on the mountain-side from the luxury of our Private Hospitality Marquee, complete with LIVE satellite TV feed, catering and drinks. You'll round off an amazing trip with the unique experience of witnessing the final Time Trial, live from the VIP Tribune at the Finish in Pau.

Join our all-female staff for an incredible week of race-viewing and spectacular rides. No one does the Tour de France Femmes avec Zwift like Thomson!







DAY	DESCRIPTION	DISTANCE	ELEVATION	HOTEL
01	Bienvenue en France	29 km	832 m	Hotel Panorama Le Mont Dore
02	LIVE Race-Viewing: Stage 1 VIP Start & Finish			Hotel Panorama Le Mont Dore
03	LIVE Race-Viewing: Stage 2 Finish	97 km	1,679 m	Grand Hotel de Bordeaux
04	Our Queen Stage	126 km	2,652 m	Hotel du Parc
05	LIVE Race-Viewing: Stage 4 Private Hospitality Marquee on the Côte de Moyrazès	84 km	1,838 m	Hotel du Parc
06	LIVE Race-Viewing: Stage 5 Start in Onet-le Chateau			Hotel Mercure, Saint Lary Soulan
07	Col de Val Louron-Azet & Col de Peyresourde	63 km	1,845 m	Hotel Mercure, Saint Lary Soulan
08	LIVE Race-Viewing: Stage 7 Private Hospitality Marquee on the Tourmalet	53 km	2,173 m	Hotel Mercure, Saint Lary Soulan
09	LIVE Race-Viewing: Stage 8 VIP Finish	29 km	993 m	Hotel Mercure, Saint Lary Soulan
10	Au revoir!			

Day I	Bienvenue
distance 29 km	Your trip sta you before Clermont-F
elevation 832 m	After a brief head out or magnificen

en France

arts at Lyon St Exupery Airport where our staff will meet the transfer to your hotel in Mont Dore, close to errand.

f orientation meeting, lunch and bike build-up, you'll n your first ride in France. The warm-up ride follows a t route through the mountains to the east of Mont Dore and includes the climbs to the Col de la Croix Morand and the Col de la Croix St Robert.

CLIMBS			
Col de la Croix Morand from Le Mont Dore	6.9 km	359 m	5.2%
Col de la Croix St Robert from Chambon -sur-Lac	7.0 km	4l5 m	5.9%



Day 2

LIVE Race-Viewing: Stage 1 VIP Start & Finish

Today you'll witness the Opening Stage of the 2023 Tour de France Femmes avec Zwift. Mingle with the pro riders and celebrities in the VIP Departure Village before witnessing the riders set off from the start line. Enjoy lunch in Clermont Ferrand then head over to the VIP Guest Area at the Finish Line for a fun afternoon with catering, drinks and live TV race coverage as you await the final sprint of this opening stage.



Day 3

distance 97 km

elevation l,679 m

LIVE Race-Viewing: Stage 2 Finish

The peloton leaves Clermont-Ferrand and starts the journey south towards the Pyrenees with a hilly stage especially in the last 50km with several short, steep climbs to test the riders. Your entire ride today will take place on the actual race route so expect to be cheered on by thousands of passionate fans. You'll witness the race at the summit of the final climb, the Côte de Trébiac, which comes just 1km from the Finish Line, and will no doubt see numerous attacks from the GC contenders.



Day 4

distance 126 km

еlevation 2,652 m

Our Queen Stage

We'll skip today's flat stage of the TDFFAZ (Tour de France Femmes avec Zwift) and head out on a spectacular ride through the mountains of the Auvergne and Aveyron regions of France. The ride heads south towards the Aubrac Natural Park and the magnificent Truyère and Lot river valleys. You'll ride along the Lot river to the beautiful village of Estaing, a UNESCO world heritage site and classified as one of the most beautiful villages in France. From Estaing a series of short climbs and quick descents leads to your next hotel in the village of Cransac which sets us up nicely, close to the next 2 stages of the TDFFAZ.



Day 5

distance 84 km

elevation l,838 m

LIVE Race-Viewing: Stage 4 Private Hospitality Marquee on the Côte de Moyrazès

The TDFFAZ returns to hilly terrain today with the 177km stage from Cahors to Rodez, and you'll be there to witness all the action LIVE on the roadside, on the toughest climb just 20km from the Finish Line.

Our Logistics Team will have set up our Race-Viewing Hospitality Marquee close to the summit of the Côte de Moyrazès climb. With an average grade of almost 6% over 5km, and with the summit coming just 15km from the finish, this climb will blow the field apart. From the hotel in Cransac, you'll ride 40km to Lanuéjouls where you'll join the race route. You'll follow the race route through Rignac and over the Côte de Colombiès before reaching the Côte de Moyrazès. Enjoy the race atmosphere from the comfort of our Private Hospitality Marquee. Food, drinks, and satellite TV race coverage will keep you entertained as you wait for the race to approach.

CLIMBS

Les Albres from Viviez	7.1 km	37l m	5.2%
Peyrusse-le-Roc from Naussac	5.5 km	275 m	5%
Côte de Colombiès from Pont Neuf	6.6 km	296 m	4.5%
Côte de Moyrazès from L'Aveyron River	4.6 km	262 m	5.7%



Day 6

LIVE Race-Viewing: Stage 5 Start in Onet-le Chateau

After breakfast you'll head over to Onet-le-Chateau to experience the start of Stage 6 of the TDFFAZ. Meet the teams and the pro riders as they prepare for the start of today's stage.

Once the peloton takes off on their 126km flat stage to Albi, enjoy lunch in Onet then we'll transfer to St Lary Soulan in the heart of the Pyrenees mountains where you'll stay for the next 4 nights.



Day 7

distance 63 km

elevation l,845 m

Col de Val Louron-Azet & Col de Peyresourde

The TDFFAZ has another flat stage today, a 122km dash from Albi to Blagnac, but there's nothing flat about your ride. Riding from the hotel in St Lary, within a couple of km you're already climbing the lower slopes of the iconic Col de Val Louron-Azet. Pray for clear skies today as the climb to Val Louron-Azet has stunning views of the highest peaks in the Pyrenees that form the border with Spain. Next up is the legendary Col de Peyresourde which has featured 61 times in the Tour de France, making it one of the most visited climbs in the Tour. Enjoy a crepe at the famous creperie at the summit of the Peyresourde before the long descent back to the hotel in St Lary.

CLIMBSCol de Val Louron-Azet
from St Lary Soulan10.7 km765 m7.1%Col de Peyresourde
from Avajan9.9 km701 m7.1%



Day 8	LIVE Race-Viewing: Stage 7 Private Hospitality Marquee on the Tourmalet
distance 53 km	The Queen mountain stage of the Tour de France Femmes and you'll be there to witness all the action LIVE on the roadside, on the final climb to the legendary Col du Tourmalet.
ELEVATION	
2,173 m	With an average grade of almost 7.3% over 17km, the Tourmalet will blow the field apart, and will most likely decide who will be in yellow at the end of the 8-day race. Riding from the hotel, after a 12km warm-up you'll join the race route just after Arreau, at the bottom of the Col d'Aspin. Take it easy on the Aspin, the massive climb to the Col du Tourmalet lies just up the road. Our Logistics Team will have set up our Race-Viewing Hospitality Marquee close to the summit of the Tourmalet. Food, drinks, and satellite TV race coverage will keep you entertained as you wait for the race to approach the summit of this legendary climb.

CLIMBS			
Col d'Aspin from Arreau	ll.9 km	794 m	6.7%
Col du Tourmalet from Ste Marie de Campan	17.0 km	l,272 m	7.5%



Day 9

distance 29 km

elevation 993 m

LIVE Race-Viewing: Stage 8 VIP Finish

The final stage of the 2023 TDFFAZ features a magnificent time trial in the city of Pau.

Before heading over to Pau to watch the race from the VIP Tribune at the Finish Line, we've lined up an early morning ride for you. Starting just outside our hotel in St Lary is the famous climb to the ski station in Pla d'Adet, where George Hincapie won the Tour de France stage in 2005. Being so close we just couldn't pass up on this opportunity to bag another famous Pyrenean climb.

After the ride you'll head over to Pau to witness all the action of the final time trial and witness the award-winning ceremony at the end of this thrilling 2nd edition of the Tour de France Femmes avec Zwift.

CLIMBS

Pla d'Adet from St Lary Soulan

ll.l km 857 m 7.7%



Day 10

Au revoir!

Sadly, your Tour de France Femmes trip has come to an end.

Our private shuttle will drop you off at Toulouse Blagnac Airport.

Climbs

CATEGORY	CLIMB	DAY	DIFFICULTY	LENGTH	ELE. GAIN	AV. GRADE
3	Col de la Croix Morand from Le Mont Dore	01	39	6.9 km	359 m	5.2%
3	Col de la Croix St Robert from Chambon -sur-Lac	01	48	7.0 km	415 m	5.9%
3	Les Albres from Viviez	05	40	7.1 km	371 m	5.2%
3	Peyrusse-le-Roc from Naussac	05	34	5.5 km	275 m	5%
3	Côte de Colombiès from Pont Neuf	05	31	6.6 km	296 m	4.5%
3	Côte de Moyrazès from L'Aveyron River	05	38	4.6 km	262 m	5.7%
1	Col de Val Louron-Azet from St Lary Soulan	07	82	10.7 km	765 m	7.1%
1	Col de Peyresourde from Avajan	07	78	9.9 km	701 m	7.1%
1	Col d'Aspin from Arreau	08	80	11.9 km	794 m	6.7%
НС	Col du Tourmalet from Ste Marie de Campan	08	126	17.0 km	1,272 m	7.5%
НС	Pla d'Adet from St Lary Soulan	09	97	11.1 km	857 m	7.7%



What's Included



TOUR DE FRANCE FEMMES AVEC ZWIFT RACE VIEWING Stage I: VIP Start & Finish in Clermont-Ferrand Stage 2: Race viewing on the Côte de Trébiac Stage 4: Private Hospitality Marquee on the Côte de Moyrazès Stage 5: Stage Start in Onet-le Chateau Stage 7: Private Hospitality Marquee on the Tourmalet Stage 8: VIP Finish in Pau

ACCOMMODATIONS & MEALS

10 days / 9 nights fully accompanied trip
All accommodations
All breakfasts
All dinners
4 x lunches
3 x picnic lunches during the rides
2 x lunches not included (July 23 & 27)

TRANSPORTATION

Pick-up at Lyon St Exupery Airport Drop-off at Toulouse Blagnac Airport All transportation during the trip All luggage & bike box transfers

CYCLING SUPPORT

l x Support Van & l x Ride Leader per 8 guests (approx.) Overall Staff to Guest ratio: l to 3 All Female Staff Experienced bike mechanic Park Tools Toolkit Daily ride gpx files provided

NUTRITION DURING THE RIDES

Energy bars, gels and sports drink Variety of snacks and local specialties for picnic lunches Bottled water Post-ride recovery food

MERCHANDISING

Tour de France Femmes avec Zwift Gift Bag Thomson Bike Tours S/S cycling jersey Swag from Zwift

What's Not Included



Airfare Travel and personal insurance Additional hotel expenses i.e. phone charges, mini-bar, gratuities Staff gratuities

Pick-up/Drop-off Info





PICKUP LOCATION		TIME	DROPOFF LOCATION	TIME
Lyon St Exupery Airport		July 22 at 8:30am	Toulouse Blagnac Airport	July 31 at 10:00am
Hotel NH Lyon Airport	– OR —	July 22 at 8:30am		

Rental Bikes

rental fee From AUD \$700

optional insurance AUD \$95



Hotels



Hotel Panorama Le Mont Dore



Grand Hotel de Bordeaux



Hotel du Parc



Hotel Mercure, Saint Lary Soulan



Thomson

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We hope this itinerary has whetted your appetite for a trip with Thomson Bike Tours.

Our best-in-class service starts from the moment you get in touch, so please feel free to drop us a line with any questions you may have. We look forward to welcoming you for an experience you will never forget.

